

# Supportive Care

Flinders Private Hospital providing supportive care to women with breast cancer as they undergo primary treatment



## Breast Care Nurse

The Breast Care Nurse is a Specialist nurse who provides supportive care, education, information and counselling to women undergoing treatment for breast cancer at Flinders Private Hospital. From diagnosis to surgery and any ongoing treatment, the Breast Care Nurse works closely with the medical and surgical teams to provide quality patient focused care.



**Amanda Jones (RN)** graduated from the University of South Australia in 1998. Initially working as a critical care nurse she was employed by Flinders Private Hospital in 2008 and

works in the Breast/Endocrine surgical ward and Day Oncology Unit regularly. Amanda completed her Master of Nursing (Breast Care) in 2014.

*“Nursing is more than a career to me. It is also an avenue to be able to meet needs and provide supportive care to those within my community including patients and their relatives.”*

The Flinders Private Hospital Breast Care Nurse can be contacted on:

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## Physical Needs

The Breast Care Nurse can provide supportive information and education to help minimise physical issues that may arise following breast surgery and/or treatment.



## Emotional Needs

Every patient's adjustment to a cancer diagnosis is individual. The Breast Care Nurse is available to provide support and help you and your families navigate your breast cancer diagnosis and treatment.



## Informational Needs

The Breast Care Nurse can help you with information on prosthesis, dressing skills, and many of the other supports and services that are available in the community.

The incidence of breast cancer in Australian women is increasing, with 1 in 8 women developing breast cancer before the age of 85 (Cancer Australia, 2014).

A diagnosis of breast cancer can cause significant emotional upheaval, with challenges that can be physical, psychological and functional (Cruikshank, S. et.al, 2008).

References: Cancer Australia (2014) Breast cancer statistics. Retrieved from <http://cancer.australia.gov.au/affected-cancer/cancer-types/breast-cancer/breast-cancer-statistics/breast-cancer-statistics> | Cruikshank, S., Kennedy, C., Lockhart, K., Dosser, I., & Dallas, L. (2008) | Specialist breast care nurses for supportive care of women with breast cancer. Cochrane Database of Systematic Reviews.